

# CATHEDRAL VILLAGE SKI CHALLENGE '21

## HOW FAR CAN YOU SKI FROM JANUARY 15 TO MARCH 1?

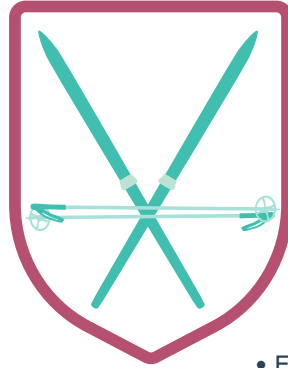
**SKI THE NORDIC TRAILS** in Les Sherman and Kiwanis Parks (map below). Or ski other trails in and around the Regina area.

**LET US KNOW YOU'RE TAKING THE CHALLENGE** by emailing [caca@sasktel.net](mailto:caca@sasktel.net) to receive challenge updates and encouraging messages throughout the season.

**KEEP TRACK OF YOUR DISTANCES.** You can use a ski tracker app like *Strava* (our favourite), *Back Country Workout* or *SkiWise*. Or estimate how far you've skied using the distances marked on your trail map.

**SHARE YOUR PROGRESS ON SOCIAL MEDIA** to encourage other skiers. Use the hashtags #CathedralSkiChallenge & #YQRWinterFun.

**REPORT YOUR TOTAL DISTANCE** by March 1 (or whenever the ski season is done for you) to [caca@sasktel.net](mailto:caca@sasktel.net). Please note your age bracket in the email and put "Ski Challenge Report" in the subject line of your email.



## SKI GREAT DISTANCES, WIN GREAT PRIZES

**ALL YOUNG SKIERS (16 YEARS OR YOUNGER)** receive prizes for hitting milestones:

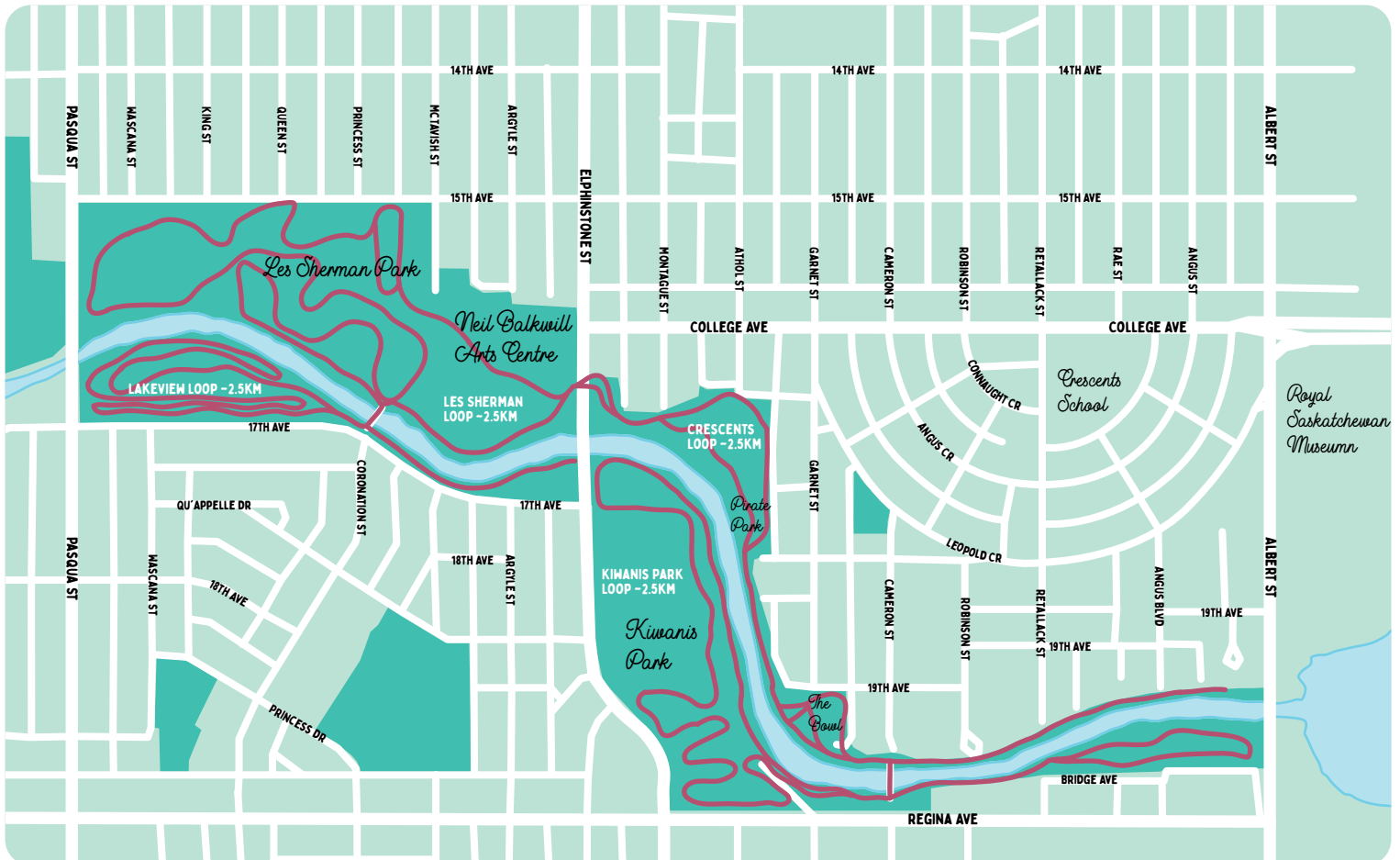
- TOTAL OF 5KM OR MORE: certificate of achievement
- TOTAL OF 10KM OR MORE: Cathedral Village pin
- TOTAL OF 20KM OR MORE: Cathedral Village sticker
- TOTAL OF 30KM OR MORE: Cathedral Village patch
- TOTAL OF 50KM OR MORE: Cathedral Village toque!
- Extra surprises for young skiers who ski all season

Report your totals to [caca@sasktel.net](mailto:caca@sasktel.net) as you hit milestones and we'll dole out the prizes as you achieve them!

**ADULT SKIERS** receive a certificate of achievement, stickers & buttons and all adult skiers who ski 40km or more in the season will be entered to win prizes for their age bracket.

- BRACKET 1: 17 TO 29 YEARS
- BRACKET 2: 30 TO 49 YEARS
- BRACKET 3: 50+ YEARS

## CROSS COUNTRY SKI MAP OF CATHEDRAL



WITH ELPHINSTONE ST & WASCANA CREEK DIVIDING THE TRAILS INTO FOUR QUADRANTS, THE COMPLETE LOOP IN EACH QUADRANT (WITHOUT SHORTCUTS) IS ~2.5KM

THE CATHEDRAL VILLAGE SKI CHALLENGE IS MADE POSSIBLE THANKS TO SUPPORT FROM ...

